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| **Table 1. The most important problems of psychological adaptation of mothers after VEPB** |
| Problems | Core group (*n*=23) | Control group (*n*=23) |
| abs | % | аbs | % |
| Guilt | 20 | 86,9\* | 0 | 0 |
| The lack of information | 21 | 91,3\* | 3 | 13,0 |
| Congestion information reported medical terms | 23 | 100\* | 3 | 13,0 |
| A sense of hopelessness in getting acquainted with the newborn | 20 | 86,9\* | 0 | 0 |
| The uncertainty in the success in nursing baby | 16 | 69,6\* | 0 | 0 |
| The repulsive appearance baby | 11 | 47,8\* | 1 | 4,4 |
| Lack of support from family | 10 | 43,5\* | 3 | 13,0 |
| Isolation from family | 23 | 100\* | 6 | 26,1 |
| The absence or inadequacy of support from the medical staff | 16 | 69,6\* | 4 | 17,4 |
| Note: \* – differences between the study and control groups were statistically significant when *p*<0,01. |