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| **Table 2. Results of the study patients on the Hamilton scale in the dynamics of post-partum period** |
| parameter | Core group (*n*=23) | Control group (*n*=23) |
| Points (M±m). | Points (M±m). |
| The level of anxiety (3-5 days) | 36,1±2,06\* \*\* | 14,4±1,7 |
| The level of anxiety (30th day) | 25,4±1,05\* | 11,5±1,2 |
| The level of depression(3-5 days) | 16,5±0,63 \* | 9,65±1,26 |
| The level of depression(30th day) | 14,3±0,74 \* \*\* | 6,3±0,62\*\* |
| Note: \* – differences between the study and control groups were statistically significant when *p*<0,05; \*\* – the difference between the results of the survey on the 3-5 th day and the 30th day in the study and control groups were statistically significant when *р*<0,05. |