Тable 2. Pelvic Organ Prolapse Quantification System (POP-Q)

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| Stage I | The most distal prolapse is more than 1 cm above the level of the hymen (less than -1 cm). |
| Stage II | The most distal prolapse is between 1 cm above and 1 cm below the hymen (at least one point is -1, 0, or +1). |
| Stage III | The most distal prolapse is more than 1 cm below the hymen but no further than 2 cm less than TVL. |
| Stage IV | Represents complete procidentia or vault eversion; the most distal prolapse protrudes to at least (TVL-2) cm. |